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Prostate Biopsy Instructions

You have been found to have an elevated PSA or abnormal prostate exam. These findings bring up the possibility that there may be cancer in your prostate. To determine whether there is, an ultrasound examination and biopsy of the prostate needs to be done.

PREPARATION:

- Antibiotics will need to be taken to avoid infections. The doctor will give you a prescription for them. Take one pill the morning of the biopsy and then as directed on the bottle.
- A fleet enema is to be taken rectally two hours prior to coming to the office. They are available for purchase at drug stores.
- It is okay to have breakfast or lunch prior to your appointment. Any prescription medication can be taken except aspirin or blood thinners.

AFTER THE BIOPSY:

- Presence of blood in the rectal area upon wiping or in bowel movement may be present for a few days.
- Blood in the urine may be present as well.
- No sexual intercourse for 7 days. The semen will most likely show blood and can last for several weeks.

Within a week, the results of the specimen will be received. If the specimen shows no evidence of cancer, you will need to return for a follow-up visit. If the specimen indicates cancer, you may have to undergo additional tests so that the extent of the disease can be determined.

If you have any questions or problems, please feel free to call the office.