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PREPARATION PRIOR TO EXTRACORPOREAL SHOCKWAVE LITHTRIPSY (ESWL)

The purpose of the ESWL procedure is to pulverize stones in the urinary tract (both kidney and ureter) into small sand like particles that may be passed spontaneously. The ESWL machine uses x-ray/fluoroscopy to localize the stone. To better visualize the stone, please take Dulcolax (1 or 2 tabs dependin of effectiveness) or Mag citrate (4-8 oz.) the night prior, this helps to minimize bowel gas.

Medications to Avoid Prior to Surgery

Aspirin, Motrin, Ibuprofen, Advil, Alka Seltzer, Vitamin E, Effient, Pradaxa, Coumadin, Lovenox, Celebrex, Plavix and some other arthritis medications can cause bleeding and should be **avoided 7 days prior to the date of surgery**. Please contact my office if you are unsure about which medications to stop prior to surgery. Do not stop any medication without contacting the prescribing doctor to get their approval.

It is very important that your last urine culture was negative prior to having this procedure. Please call my office at least one week before this procedure to confirm your urine culture results. If you suspect that you may have a urinary tract infection, please call my office immediately so that proper antibiotics can be prescribed before your surgery.